

Snow-Covered Broccoli Trees

A little creativity might get kids to gobble up this extra-healthy veggie: Challenge them to create a broccoli forest in their tummies!

Ingredients:

- ❄️ 4 cups steamed broccoli florets
- ❄️ 1 16-ounce container of fat-free cottage cheese

Directions:

1. Spread about three-quarters of the cottage cheese on a serving dish.
2. Arrange the broccoli florets on the plate so they stand on their own like little trees.
3. Dot some of the cottage cheese on top of the florets to make them resemble snow-covered trees.

Makes 8 servings.

REMINDER TO SELF: Ask parents if children have any food allergies!

